



February 2022 Newsletter



Our first container of VitaKidz Instant Meals arrives in Mexico



Finally! After a very long ocean passage we finally received our first container of VitaKidz in Mexico. Of course the first thing we had to do was have it tested by Daniel, the son of Israel, our Mexico Director. Israel reports, "My kid loves it! He calls it 'dads special shaky'... and he is a picky eater." We really are excited about formally introducing it to some of our ministry partners. We think it will really be a big hit, especially with some new ministry partners that work in very remote areas of Mexico. We will keep you posted on how the introduction goes.

[Donate to help build our first IMDCs in Mexico](#)

Juarez Kitchen Update!

The kitchen in Juarez Mexico is up and operational! There are already long lines outside one of the local feeding programs there. We are hoping to increase the number of meals served to more ministry partners in the area. What we have found is that the people that are coming to some of our ministry partners are elderly women that are raising their grandchildren.



[Donate to help our kitchen in Juarez do even more!](#)

Feeding in Lesotho



For those of you that may not know, Lesotho, officially the Kingdom of Lesotho, is an enclaved country totally surrounded by South Africa. Our ministry partner there is Pastor Johan Meiring. He recently received a container of 250,000 portions of VitaKidz to distribute to the children and families he is ministering to. Pastor Meiring has also agreed to become the manager of an OTB Instant Meal Distribution Center in Lesotho. This will allow us to use to provide more highly nutritious meals to those in need in some of the

most remote mountain areas in the country.

[JOIN US IN HELPING FEED EVEN MORE CHILDREN IN LESOTHO](#)

Last chance to be a part of the world record!



\$700
SPONSOR A POTJIEKOS

When you Sponsor a Potjiekos you also provide **10,000 servings** of VitaKidz to children in need. Get your family, company, organization or just yourself to be a part of a World Record!

Signup today to sponsor one (or more) Potjiekos for only \$700 USD.

[Donate](#)

We are planning to set a **NEW WORLD RECORD** on 5 March 2022 for **ONE HUNDRED POTS** of Potjiekos made by one person (our Africa Director, Mark Maingard). Each potjiekos we get sponsored will also provide 10,000 servings of VitaKidz to vulnerable people in the local communities around Paarl, South Africa.

So what is a Potjiekos? Glad you asked. In South Africa, a potjiekos, literally translated "small-pot food", is a dish prepared outdoors. It is traditionally cooked in a round, cast iron, three-legged cauldron, the potjie, descended from the Dutch oven brought from the Netherlands to South Africa in the 17th century and found in the homes and villages of people throughout southern Africa.

A message from Haiti

Here is a short note from Our Country Director, David Destinoble, in Haiti:

"That boy!! I have been that boy, I was that boy, either one. To the right, the far right, to the left, and

the middle. I have been that boy! OK on so many days the only meal that was a guaranteed meal was the school meal. Yes so many of us have been that boy; yet many would look at this picture and see boys eating, enjoying it on a school bench but me I see me, that boy. And this is the reason I serve because I'm that boy, only stronger and taller and with strength comes responsibilities.



Our mission is to serve, because we were served."

[Donate to continue our work in Haiti](#)

Please note that our mailing address has changed to P.O. Box 7147, Woodland Park, CO 80863



[Donate](#)

Thank you for being part of Outside the Bowl as together we feed the hungry... body & soul!

With HOPE,

The OTB International Family